Tu' Kwa Hone

Newsletter



Burns Paiute Tribe

100 Pasigo St.

Burns, Or 97720

541.573.8016

TRIBAL COUNCIL CONTACT:

Charlotte Roderique-Chairperson

541.573-5007/589-4293

Burns Police Tribal Police

Chief Carmen Smith 541.413.1419

Officer Frank Rivera 541.413.0382

Social Services Michelle Bradach—Director/ICWA 541.573.8043 / 541.589.0171

Teresa Cowing- Domestic Violence / Assault 541-573-8053 / 541-413-0216

Police After hours:

Call Burns Dispatch

541.573.6028



Burns, Oregon

Community News:

June 29, 2016—Malheur Group meeting at the Gathering Center @ 6:00 p.m.

If you need help with weatherization to your home, please contact Harney County Senior & Community at 541-573-6024 and ask for Angela Lamborn.

June 27, 2016



All Tribal Offices will be closed on Monday, July 4, 2016 in observance of

Fourth of July.



WIC Clinic

What is WIC?

(Women's, Infants and children)



The special Supplemental Nutrition Program for Women, Infants and children better known as the WIC Program serves to safeguard the health of low-income, pregnant, postpartum and breastfeeding women, infants and children up to the age of 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating including breastfeeding promotion and support and referrals to health care. Many working families are part of WIC; 71% of Oregon WIC families are employed.

Let WIC lighten your load and help give your family a healthy start.

Make your appointment today by calling Wadatika Health Office

541-573-8050

Walk-in clinic is held every Tuesday 1pm-5pm

Community Health Nurse - Full Time

Number of Positions:

Location: Burns, Oregon – Burns Paiute Reservation

Open: April 4, 2016
Closes: Open until filled
Starting Date: To be determined

Supervisor: Health Services Director

Salary: DOE

Position Summary: Under the supervision of the Health Services Director, the Community Health Nurse is an integral part of the Burns Paiute Tribe health program with primary emphasis in providing direct health care, prevention education, and maintaining quality health standards for the tribal community.

Duties and Responsibilities:

- 1. Assess patient care using reasoning and decision making skills. Communicate clearly with patients and other health care professionals using spoken and/or written words
- 2. Provide nursing care through home visits or at the health center on a daily basis
- 3. Promote health education/prevention by presenting to individuals or groups
- 4. Coordinates patient care with other health professionals
- 5. Analyze, interpret, and initiate patient medical data on the patient care component encounter form
- 6. Provide follow up on patient treatment, recovery, and doctors orders
- 7. Coordinate activities relating to the weekly tribal health clinic
- 8. Assists the medical provider during clinic times
- 9. Maintains the tribal immunization program
- 10. Operates the Resource Patient Management System (RPMS) to enter patient data
- 11. Prepares program reports and program documentation as needed or requested
- 12. Ability and the knowledge of the importance of maintaining <u>strict confidentiality of all records and information pertinent to the nature of the work.</u>
- 13. Must maintain strict confidentiality of medical information and adhere to HIPAA and Privacy Act requirements.
- 14. Knowledge of community and public service providers
- 15. Works irregular hours when needed
- 16. Able to lift and bend when caring for patients in the office or on a home visit.
- 17. Willing to be trained as a SANE (Sexual Assault Nurse Examiner)
- 18. Perform other duties as assigned

Required Qualifications:

- Must be a registered nurse with the State of Oregon and have an active, unrestricted license at the time of hire.
- Prefer a minimum of Bachelor of Science Nursing (BSN) degree
- Minimum of one year of hospital experience or equivalent
- One year of generalized community health nurse experience or equivalent
- Must posses a valid Oregon Driver's License
- Have basic computer skills

Desired Qualifications:

- Knowledge of principles, concepts, theories, and techniques of public/community health nursing and teaching and learning
- Ability to identify, assess, analyze, and evaluate medical data and information utilizing standard nursing principles
- Ability to independently plan, coordinate, and manage work
- Experience and ability to work well with diverse groups of people from varying age groups and socioeconomic backgrounds, sometimes in stressful situations, in a manner that displays professionalism, tact, diplomacy, and good judgment.

Successful Candidate must:

- Submit to and pass a urinalysis drug test.
- ♦ Agree to a criminal background check.
- Sign Confidentiality Clause.

Please submit application along with resumes to along with verification of Licensure:

Burns Paiute Tribe, Human Resource Department 100 Pasigo St.
Burns, OR 97720
541-573-8013

BURNS PAIUTE TRIBE Job Announcement

Job Title:

Tribal Research Technicians (3)

Department:

Culture& Heritage

Reports to:

Culture & Heritage Director

FLSA Status: Opens:

On-call/Seasonal April 26th, 2016

Closes Salary: Open until filled Commensurate to G 4/5/7 DOE

This Candidate must pass a pre-employment drug screen and Criminal and Character Background Check.

SUMMARY OF MAJOR FUNCTION

Assists in anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Uses knowledge and experience gained in the workplace of cultural anthropological methods, and applies that knowledge and training in every day work assignments. Works closely with the Project Lead to effectively complete assigned tasks. Assists in the performance of documenting office, home, and in-field interviews related to research subject locations. Assists the project lead in collaborating with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

DUTIES AND RESPONSIBILITIES

- 1. Assists with interviews of tribal community members related to their knowledge and understanding of specific project areas and locations.
- 2. Maintain strict confidentiality in regard to information gathered during research projects, cultural site locations, etc.
- 3. Assists in maintaining a systematic process for obtaining data related to specific project areas and locations.
- 4. Works efficiently to assist the Project Lead in gathering, synthesizing, interpreting, and reporting research related findings in a written format.
- 5. Carries out specific assigned work tasks that support the overall research objectives.
- 6. Assists in the coordination of interviews, field trips, and project meeting schedules as assigned by the Project Lead.
- 7. Provides regular progress updates of assigned tasks to the project lead.
- 8. Assist in preparing updates of project activities to present to the Cultural Advisory Committee, and the Tribal Council as requested.
- 9. As needed, performs general office support to others in the Culture & Heritage Department including such tasks as letter writing, mailings, processing meeting minutes, correspondence to Culture Heritage Project participants, etc.
- 10. Other duties as assigned.

The above statements reflect the general duties considered necessary to describe the principal functions of the job as identified and shall not be considered as a detailed description of all the work requirements that may be inherent in the job. Other duties may be assigned.

MINIMUM QUALIFICATIONS

- A. High school diploma or GED required (or will obtain diploma/GED within 3 months of employment).
- B. Ability to work effectively with tribal community members (demonstrated experience preferred).
- C. Possess a working understanding of Indigenous Great Basin cultures, and the ability to assist in the incorporation of those cultural norms into research methods and practice.
- D. High energy individual with the ability to provide assistance and support to collaborative anthropological research projects working on assigned tasks with minimal supervision.
- E. Introductory knowledge of the Microsoft Office Suite programs (GIS experience also a plus).
- F. Experience with or ability to quickly learn effective use of digital recorders, digital cameras, etc.).
- G. Ability to communicate effectively, both orally and in writing.
- H. Ability to assist the Project Lead in best practices for collaborative research in the Burns Paiute Tribal Community.
- I. Ability to learn quickly and employ all aspects of cultural anthropological inquiry pertinent to assigned research projects including manipulating digital media, transcription, and research report writing.
- J. Valid Oregon Driver's License required (or will obtain within 30-days of employment).

INDIAN PREFERENCE

Indian preference will be given to candidates showing proof of enrollment in a federally recognized tribe. In the absence of qualified Indian applicants, all applicants not entitled to or who fail to claim Indian preference, will receive consideration without regards to race, color, sex, politics, age, religion, or national origin.

HOW TO APPLY: Applications are available on our website: Burns Paiute Tribe or picked up at 100 Pasigo Street, Burns, OR 97720 Monday - Friday 8-5pm.

Return completed Burns Paiute Indian Tribe Application Curriculum vitae or Resume, college transcripts (if applicable), and a research paper writing sample (4 page minimum) to:

Human Resources Director 100 Pasigo Street Burns, OR 97720

Telephone: 541-573-8013 Fax: 541-573-2323 Kerry.opie@burnspaiute-nsn.gov

BURNS PAIUTE TRIBE Job Announcement

Job Title:

Cultural Anthropologist

Department:

Culture& Heritage

Reports to: FLSA Status:

Culture & Heritage Director

Opens:

On-call/Seasonal April 26th, 2016

Closes

Open until filled

Salary:

Commensurate to G 9/11 DOE

This Candidate must pass a pre-employment drug screen and Criminal and Character Background Check.

SUMMARY OF MAJOR FUNCTION

Oversees and coordinates cultural anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Provides applied cultural anthropological training to Tribal Research Technicians assisting with project tasks. Works within the parameters of assigned contract and grant budgets and deliverables and completes benchmarks for the same within allotted timeframes. Organizes and leads the research team to perform and document office, home, and infield interviews related to research subject locations. Collaborates with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

DUTIES AND RESPONSIBILITIES

- 1. Conducts interviews with tribal community members related to their knowledge and understanding of specific project areas and locations.
- 2. Establishes a systematic process for obtaining data related to specific project areas and locations.
- 3. Works efficiently to gather synthesizes, interpret, and report research related findings.
- 4. Provides training, guidance, and work tasks to tribal research technicians that support the overall research objectives.
- 5. Coordinates interview, field trip, and project meeting schedules with the support of Tribal Research Technicians, and other Culture & Heritage staff.
- 6. Provides regular progress updates of project activities to the Culture& Heritage Director.
- 7. Manages Projects within the approved budgetary parameters.
- 8. Provides updates of project activities to the Cultural Advisory Committee, and the Tribal Council as requested.
- 9. Collaborates with Prevention, Social Service to define, plan and implement new programs to address Tribal needs.
- 10. As needed, performs general office support to others in the Education Department including such tasks as letter writing, mailings, processing meeting minutes, correspondence to education program recipients and colleges, etc.
- 11. Acts as manager of the grant.
- 12. Other duties as assigned.

The above statements reflect the general duties considered necessary to describe the principal functions of the job as identified and shall not be considered as a detailed description of all the work requirements that may be inherent in the job. Other duties may be assigned.

MINIMUM QUALIFICATIONS

- A. A Master's degree is required.
- B. Ability to work effectively with tribal community members (demonstrated experience preferred).
- C. Possess a working understanding of Indigenous Great Basin cultures, and the ability to incorporate those cultural norms into research methods and practice.
- D. High energy individual who is a self-starter with the ability to coordinate up to three multifaceted cultural anthropology research projects simultaneously.
- E. Extensive knowledge of the Microsoft Office Suite programs (GIS experience also a plus).
- F. Experience with various digital media related to data collection and reporting.
- G. Ability to communicate effectively, both orally and in writing.
- H. Ability to collaboratively collect, synthesize, interpret, and report cultural Anthropological data in a manner meaningful to the Burns Paiute Tribe
- Ability to train and lead a team of tribal research technicians (1-3) in aspects of Cultural anthropology pertinent to assigned research projects
- J. Valid Oregon Driver's License required.

Indian Preference

Indian preference will be given to candidates showing proof of enrollment in a federally recognized tribe. In the absence of qualified Indian applicants, all applicants not entitled to or who fail to claim Indian preference, will receive consideration without regards to race, color, sex, politics, age, religion, or national origin.

HOW TO APPLY:

Return completed Burns Paiute Indian Tribe Application Curriculum vitae, college transcripts, and a writing sample (25 page minimum) to:

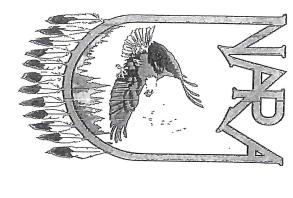
Human Resources Director 100 Pasigo Street Burns, OR 97720

Telephone: 541-573-8013

Fax: 541-573-2323

Email: kerry.opie@burnspaiute-nsn.gov

Application for employment available at 100 Pasigo Street, Burns, OR 97720 Monday - Friday 8-5pm or online at Burns Paiute Tribe, or email: kerry.opie@burnspaiute-nsn.gov.



The mission of
NARA is to provide
education, physical
and mental health
services and
substance abuse
treatment that is
culturally
appropriate to
American Indians,
Alaska Natives and
other people in

Tribal Outreach Specialist Job Opportunity at MARA

You love travelling around Oregon, building Tribal relationships, and helping people rebuild their lives. Plus, you love a challenge. In this NARA's staff of over 240. (NARA offers a generous benefit package.) treatment programs throughout this beautiful state. You would position, you would work closely with staff of Tribal alcohol and drug

Goal: Improve outcomes for Tribal clients referred to Residential Treatment

Selected Qualifications

- Cultural competency by having lived or worked in Native community
- Certification as Recovery Mentor and/or Alcohol and Drug Counselor, preferred
- Prior case management experience
- Reliable transportation and clean driving record

this position please email your cover letter, resume, and salary requirements to See job description at https://www.naranorthwest.org/?page_id=546. To apply for lobs@naranorthwest.org or by fax to 503-224-4494.

Americans in accordance with the Indian Preference Act (Title 25, US Code, Section Equal Opportunity Employer: Preference in hiring is given to qualified Native 472 and 473),

5/29/2016

Native American Rehabilitation Association (NARA) of the Northwest, Inc. | 1776 SW Madison Street Portland, OR 97205 | 503-224-1044 | jobs@naranorthwest.org | http://www.naranorthwest.org

Housing News

June 27, 2016

HOUSING AUTHORITY MEMBERS

Chairperson,
JoEllen SkunkCap
Vice-Chair,
Elisha Caponetto
Secretary-Treasure,
Phyllis Miller
Members at Large
Andrew Beers
Vacant



Contact Info

Office No.

541.573.2327

Office Fax No.

541.573.2328

Jody Hill,

Executive Director

Cellular

541.589.2022

Brenda Sam,

Housing Assistant

Cellular

541.589.2647



Fire Extinguisher Safety Training June 23, 2016













Housing Authority Meeting

June 29, 2016 11:00 am Housing Office

REMINDER

Please keep your lawn and weeds cut in order to prevent a fire safety. It is your responsibility to keep the lawn and weeds cut on the lot.





HOUSING OFFICE
WILL BE CLOSED
MONDAY, JULY 4, 2016
IN OBSERVATION OF
FORTH OF JULY!!
Have fun and be safe!!

After School Program @ Tu-Wa-Kii-Nobi 5-18yrs



We are on our Summer Hours 10-4 with some evening activities. Tentative schedule-if we have a meeting/Training we will have to change the schedule.

Monday June 27th

10:00-12:00- free time play games.

1:00—3:30 Tu-Wa-Kii Nobi kids. We will be taking kids home after, Please let me know were the kids need to go. They can bring money for snacks at pool I will supply water and some treats. Tue & Thur.

Wednesday June 29th

10:00-10:30-free time

10:30–11:30-going to library for Summer Reading Program –Purple Hands

11:30-12:30-eat lunch at the Park

12:30-2:30- Birthday celebration wear water clothes -outside activity—TBA

2:30-3:30-Pow-wow club Practice your moves and make sure your regalia fits.

Thursday June 30th

10:00-12:00- Craft and games.

12:00-Summer Lunch Program

1:00-3:30- Tu-Wa-Kii Nobi kids. We will be taking kids home after, Please let me know were the kids need to go. They can bring money for snacks at pool I will supply water and some treats. Tue & Thur.

Friday July 1st

10:00-10:30-Free time

10:30-11:30-Reading for Summer Reading Program

11:30-12:00-making sure kids are ready to perform for the 1:00— at Apens invited Pow-Wow club to come and perform. Just like last time. Calling all Dancers!

Tu-Wa-Kii Nobi will be closed after performance.

Tu-Wa-Kii Nobi will be closed on July 4th for the Holiday please be careful and enjoy your family time.

If any questions please Call (541)-573-1573

Mark your Calendars

Pow wow kid perform at Aspen July 1st at 1:00-

All dancers welcome.

Swimming on Tue. & Wed. when we can. 1:00-3:30.

Please sign-up at

Tu-Wa-KII Nobi

We are providing U.S.D.A. Summer Lunch Program, again at Tu-Wa-Kii Nobi 12:00-1:00. For ages 1yr-18yr Regular schedule Mon-Thur. Sack lunch have to be eaten on site. Serving children 1-18yr. Mon.-Thur.

Tu-Wa-Kii-Nobi Staff

Main # 541-573-1573

After School Program-

Elise Adams—Youth Services

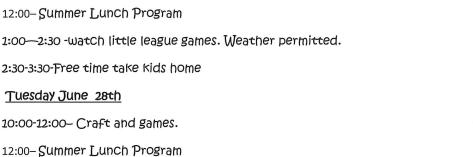
Coordinator

541-573-1572-

Rhonda Holtby-Parent/Educ. Coordinator

541-413-0448

Social Service Staff will be helping out.



June 2016 Summer Edition

Culture & Heritage Department questions?

Please contact : Diane L. Teeman 541-413-1190

More Section 106 Projects

Tucker Hill/Poacher's Ridge Ethnographic Study

B2H Ethnographic Study

PDCI Upgrade Cultural Monitoring

Tumalo State Park Ethnographic Study

Wagontire Wind Testing Project

Castle Rock Fuels Reduction Activities

Stinkingwater Fuels Reduction Activities

Lake Owyhee Archaeological Monitoring

ODOT -BPT Monitoring IGA

State Parks-BPT Monitoring IGA

Current Culture & Heritage Employ-ment Opportunities:

- Cultural Anthropologist-(on-call/seasonal)
- Tribal Research Technicians (On-call/seasonal)
- Archaeological Technician (on-call)
- Language Project Coordinator (on-call/temp)

To apply please contact Kerry Opie, Human Resources Specialist. 541-573-8013

Positions open until filled.

Burns Paiute Tribe

Culture & Heritage Department

Featured Work in Culture & Heritage

Wadatika Yaduan Language Project

The Culture & Heritage Department has successfully received a \$40,000.00 grant to begin our language digitization project. We will be bringing on additional office/research staff to assist in the project as well as seeking the cooperation and participation of tribal elders. We will be offering honorarium to the Elder Wadatika language experts who participate in the project. A language "app" will be developed as part of this project and language "hubs" where participants practice conversational Paiute will be scheduled as the final phase of the project. More on this soon!

Ethnographic and Traditional Cultural Property Research Glass Butte/Burns Telecom Site

The Culture & Heritage Department is currently in the process of hiring a Cultural Anthropologist to work with tribal community members to document the importance of and history surrounding various places in our homelands. The projects are funded through various sources. The first two cultural anthropological projects will involve the history of the "Burns Telecom" project property near the fairgrounds, and our Glass Butte Traditional Cultural Property. More ethnographic studies are in queue.

Some Additional Grant Activities

Moccasin Grant

The Moccasin Grant Teachers are finishing up their instruction with class participants. The final phase of the grant will be an exhibit highlighting the moccasin

making activities and processes, as well as provide discussion of the history of footwear in the Northern Great Basin.

SECTION 106 CLASS

Planning for National Hist-

oric Preservation Act (NHPA) Section 106 training is underway. The training will help staff, and participating Tribal Council better understand the federal laws that protect our cultural resources.





All are invited to:

Healthy Relationship Bingo

Cost is free

Dinner provided: decorate your own sandwich, chips, water

ice cream bars for dessert

Thursday, July 7th 5:30 p.m. to 7:30 p.m.

The Gathering Center

Selené Dobson Selene.Dobson@burnspaiute-nsn.gov (541) 573-8006

Sponsored by: BPT DV/SA



Jeremy Thomas * Mental Health Coordinator * 541-573-8046 * Jeremy. Thomas@burnspaiute-nsn.gov

Mental Health Announcements

Hi Everyone!

I thought I would put a reminder out there, if you need more information about the services we can offer, would just like to get to know me or wish to schedule an appointment, please call the Mental Health Coordinator, Jeremy Thomas @ 541-573-8046 and I would be happy to visit with you.

If you or someone you know is suffering from a mental health emergency, please call either Jeremy at the number listed above or dial 911.

Annette Chastain, our Contracted Mental Health Therapist, will be here seeing clients on the following days in July:

Wednesday, July 6th 9am-4pm Tuesday, July 19th 9am-4pm

Spaces for these appointments fill up fast, so please do not hesitate to call and make an appointment today!

We pride ourselves on reducing the negative stigma of mental health in our community, one client at a time and one day at a time. We are here to help and encourage anyone who could use our program to take full advantage of it.

SMALL BUSINESS FORUM

Wednesday July 27th 9am-12pm

Community Center next to Chamber of Commerce 484 N Broadway Burns, OR

Whether you're thinking about starting a business, or looking to expand your existing business you don't want to miss this Small Business Forum offered at no cost.

Presentations will be made by Harney County Economic Development Director Randy Fulton, GEODC partner Susan Christensen, Business Oregon Development Officer Larry Holzgang and Umpqua Bank Manager Patty McNeil

SPONSORED BY







GENERAL COUNCIL – JUNE 7, 2016

TRIBAL COUNCIL NOMINATIONS

Nominee	Nominated by	2 nd By
Twila Teeman	Cecil Dick	Tracy Kennedy
Tracy Kennedy	Rachel Snapp	Joe DeLaRosa
Charlotte Roderique	Wanda Johnson	Cecil Dick
Kenton Dick	Declined	
Andrew Beers	Jarvis Kennedy	Joe DeLaRosa
Joe DeLaRosa	Tracy Kennedy	Rachel Snapp
Taylor Kennedy	Donna Sam	Tracy Kennedy
Diane Teeman	Declined	
Selena Sam	Charisse Soucie	Rachel Snapp
Charisse Soucie	Wanda Johnson	Charlotte Roderique
Brenda Sam	Tracy Kennedy	Joe DeLaRosa
Dean Adams	Joe DeLaRosa	Rachel Snapp
Wanda Johnson	Charlotte Roderique	Charisse Soucie

There are 3 positions open for 2016 Elections.

Election Ordinance

- E. Nominations of Candidates for Tribal Council
 - 3. Withdrawal of Candidacy

A candidate who has been nominated for the Tribal Council but who does not wish to run for office may decline the nomination on the spot, or may submit a statement to the Election Board, in writing, of his or her intent to withdraw. All withdrawals shall be submitted to the Election Board within (7) seven days after nomination or special nominations.

Please submit to Beverly Beers at the Tribal Administration office by Wednesday, June 15, 2016, COB.

Due to travel of 2 election board members, the Election Board will be meeting the week of June 20th to approve the nominees for 2016 ballots.



Burns Paiute Tribe Election Board 100 Pasigo Street Burns, OR 97720

June 22, 2016

Burns Paiute Tribal Council 100 Pasigo Street Burns, OR 97720

Re: Alternates needed ASAP

Dear Tribal Council,

The Election Board met on June 21, 2016. We have two (2) members of the Election Board that are immediate family members to this year's nominees. At this time that leaves 1 board member with no alternates, and no decisions can be made on several important issues.

Election Ordinance B. Election Board Members

2. Appointments

The <u>Tribal Council</u> shall solicit letters of intent from the tribal community interested in serving on the Board at the January General Council meeting each year, or when necessary.

It is urgent that you please take action to this request. This is the **fourth (4th)** request that I have made since March 30, 2016, once verbally and by letters and emails. We have time sensitive issues that need taken care of.

Your timely response to this matter would be greatly appreciated.

Thank you,

Jody Richards
Election Board member

Cc: Tribal Council members

ELECTION

NEWSLETTER – June 27, 2016 Requirements for a 45 day notice prior to Election Day.

ELECTION DAY: August 9, 2016

Burns Paiute Tribal Elections will be held on August 9, 2016, at the Burns Paiute Tribal Courtroom on the Burns Paiute Reservation. Polling will be open from 8:00 am to 7:00 pm, no person (s) will be allowed to vote after 7:00 p.m.

Council member terms that are up; Charlotte Roderique, Wanda Johnson and Selena Sam. All are three (3) year terms.

Nominated at the June General Council meeting were; Twila Teeman, Tracy Kennedy, Charlotte Roderique, Andrew Beers, Joe DeLaRosa, Taylor Kennedy, Selenà Sam, Charisse Soucie, Brenda Sam, Dean Adams and Wanda Johnson. To this date we have not received any withdraw letters. Kenton Dick and Diane Teeman declined their nomination.

At our last Election Board meeting held on June 21, 2016, it was brought to attention that a nominee may not be physically residing in Harney County. It was also brought to attention that two members of the election board are immediate family members to a nominee. <u>At</u> this time we are unable to make any decisions until two alternates who are not immediate family members are appointed to the board by Tribal Council.

Election Ordinance: 5. Removal and Conflicts of Interest.

- f. If a member of the immediate family of an Election Board member accepts a nomination or runs for Tribal Council as a write-in candidate, the Board member or alternate shall disclose this information to the Election Board, but the Board member shall not be automatically disqualified from participating in the election.
 - i. The Election Board member may voluntarily ask the Board to choose an alternate to temporarily move into his or her seat on the Board for that year's election in order to avoid the appearance of a conflict of interest. If an alternate temporarily moves into a Board member's seat on the Board to avoid the appearance of a conflict of interest, the original Board member shall regain his or her position as a full Board member following that election.

ABSENTEE BALLOTS

A registered voter may request an absentee ballot for himself or herself, for any reason. No person may request an absentee ballot for another.

Please contact for an absentee ballot: Jody Richards, 541-573-8005, 100 Pasigo Street, Burns, OR 97720. Email is bptelections@gmail.com.

Absentee ballots may be requested in person, or by mail, email fax, or telephone. Absentee ballots *may not* be e-mailed or faxed to a voter and *may not* be returned to the Election Board by email or fax.

IN PERSON: Absentee ballots may be <u>requested in person</u> from the designated Election board member(s) not less than five (5) days before Election Day. The Election board will hand the voter a ballot, or may mail the ballot to the voter at the address on file for the voter if there is time for the ballot to be mailed out and received before the Election Day.

BY MAIL, EMAIL, FAX, OR PHONE: Absentee ballot <u>requests by mail</u>, <u>email</u>, <u>fax or telephone</u> must be received by the Election Bard not less than fifteen (15) days before Election Day. If a voter requests an absentee ballot by mail, email, fax, or telephone, the Election Board shall mail the ballot to the voter at the address on file for the voter as soon as possible, but not less than ten (10) days before the Election Day.

VOTER REGISTRATION INFORMATION: Please contact Beverly Beers at Tribal Administration, 541-573-2088 to request forms.

C. VOTER ELIGIBILITY AND REGISTRATION

1. Voter Eligibility

All duly enrolled members of the Burns Paiute Tribe who will be eighteen (18) years of age or older and who have registered to vote in accordance with the requirements of this Ordinance shall be qualified voters, eligible to vote in Tribal elections and at General Council meetings.

If a person has not registered to vote and/or does not have signature verification information on file with the Election Board, that person is not a registered voter and is not entitled to vote in Tribal elections or at General Council meetings.

2. Voter Registration

To register to vote, a Tribal member must submit a completed voter registration form, which includes all required signature verification information, to the Election Board

Voter Registration forms and instructions shall be in a format substantially similar to the form set forth in appendix D of this Ordinance.

The Election Board shall provide voter registration forms and instructions to Tribal members wishing to register to vote or to update their contact information within five (5) business days of the request for the forms. Voter registration forms shall also be available at the polling place on Election Day.

A Tribal member may submit a voter registration form to the Election Board in person, or mail or fax.

A tribal member may register and vote in person, before Election Day or at the polling place on Election day, by submitting a completed voter registration form to the Election board. An Election Board member or alternate shall confirm the identity of the Tribal member, witness the Tribal member's signature, and sign the form.

If a Tribal member submits a voter registration form by mail or fax, the signature verification section shall be signed by the Tribal member and shall include:

- A legible copy of the Tribal member's tribal identification card, Drivers License, state-issued Identification card, or passport, which clearly shows his or her signature; or
- o The seal and signature of a notary public; or
- o Other verification as approved by the Election board.

If a Tribal member submits a voter registration form by mail or fax and wishes to request an absentee ballot, the voter registration form and request for an absentee ballot must be received by the Election Board in time to meet the timelines set forth in Section G(6)(d) of this ordinance. If a tribal member wishing to register to vote and request an absentee ballot by mail or fax misses the deadline, the Election Board will not mail him or her an absentee ballot. The Election Board shall register the voter, notify the Tribal member that he or she may vote in person, at the polling place, on Election Day, and record the action in the Election log.

Once a person registers to vote and is listed on the Registered Voters List, he or she is a registered voter and is not required to re-register annually.



Frequently Asked Questions about extreme heat and public health

Q: Who is at greatest risk for heat-related illness?

A: Those at greatest risk for heat-related illness include infants and children up to four years of age, people 65 years of age and older, people who are overweight, and people who are ill or on certain medications.

Q: How can people protect their health when temperatures are extremely high?

A: Remember to keep cool and use common sense. Drink plenty of fluids, wear light colored clothing and sunscreen, schedule outdoor activities during cooler times of the day—like in the morning or evening.

Q: How much should I drink during hot weather?

A: During hot weather you will need to drink more liquid than your thirst indicates. Increase your fluid intake, regardless of your activity level. During heavy exercise in a hot environment, drink two to four glasses (16-32 ounces) of cool fluids each hour. Avoid drinks containing alcohol because they will actually cause you to lose more fluid.

Q: What is heat stroke?

A: Heat stroke is the most serious heat-related illness. It occurs when the body becomes unable to control its temperature: the body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. Heat stroke can cause death or permanent disability if emergency treatment is not provided.

Q: What are the warning signs of a heat stroke?

A:

- An extremely high body temperature (above 103°F)
- Red, hot, and dry skin (no sweating)
- Rapid, strong pulse
- Throbbing headache
- Dizziness
- Nausea
- Confusion
- Unconsciousness

Q: What should I do if I see someone with any of the warning signs of heat stroke?

A: If you see any of these signs, you may be dealing with a life-threatening emergency. Have someone call for immediate medical assistance while you begin cooling the victim.

Do the following:

- Get the person to a shady area.
- Cool the person rapidly, using whatever methods you can: immerse the person in a tub of cool water or a cool shower; or spray the person with cool water from a garden hose.
- Monitor body temperature and continue cooling efforts until the body temperature drops to 101-102°F.
- If emergency medical personnel are delayed, call the hospital emergency room for further instructions.
- Do not give the victim alcohol to drink.

Q: What is heat exhaustion?

A: Heat exhaustion is a milder form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced replacement of fluids. Those most prone to heat exhaustion are elderly people, those with high blood pressure, and those working or exercising in a hot environment.

Q: What are the warning signs of heat exhaustion?

A: The warning signs of heat exhaustion include the following:

Heavy sweating	Paleness
Muscle cramps	Tiredness
Weakness	Dizziness
Headache	Nausea or vomiting

If heat exhaustion is untreated, it may progress to heat stroke. See medical attention if symptoms worsen or last longer than one hour.

10 tips

Nutrition Education Series

kid-friendly veggies and fruits



10 tips for making healthy foods more fun for children

Encourage children to eat vegetables and fruits by making it fun. Provide healthy ingredients and let kids help with preparation, based on their age and skills. Kids may try foods they avoided in the past if they helped make them.

smoothie creations
Blend fat-free or low-fat yogurt or milk with fruit pieces and crushed ice. Use fresh, frozen, canned, and even overripe fruits. Try bananas, berries, peaches, and/or pineapple. If you freeze the fruit first, you can even skip the ice!

delicious dippers

Kids love to dip their foods. Whip up a quick dip
for veggies with yogurt and seasonings such as
herbs or garlic. Serve with raw vegetables like broccoli,
carrots, or cauliflower. Fruit chunks go great with
a yogurt and cinnamon or vanilla dip.

Caterpillar kabobs

Assemble chunks of melon, apple, orange, and pear on skewers for a fruity kabob. For a raw veggie version, use vegetables like zucchini, cucumber, squash, sweet peppers, or tomatoes.

personalized pizzas
Set up a pizza-making station in the kitchen. Use
whole-wheat English muffins, bagels, or pita bread
as the crust. Have tomato sauce, low-fat cheese, and cut-up
vegetables or fruits for toppings. Let kids choose their own
favorites. Then pop the pizzas into the oven to warm.

fruity peanut butterfly
Start with carrot sticks or celery for the body. Attach
wings made of thinly sliced apples with peanut butter
and decorate with halved grapes or dried fruit.

frosty fruits

Frozen treats are bound to be popular in the warm months. Just put fresh fruits such as melon chunks in the freezer (rinse first). Make "popsicles" by inserting sticks into peeled bananas and freezing.

bugs on a log
Use celery, cucumber, or carrot sticks as the log and add peanut butter. Top with dried fruit such as raisins, cranberries, or cherries, depending on what bugs you want!

homemade trail mix
Skip the pre-made trail mix and make your own. Use your favorite nuts and dried fruits, such as unsalted peanuts, cashews, walnuts, or sunflower seeds mixed with dried apples, pineapple, cherries, apricots, or raisins. Add whole-grain cereals to the mix, too.

potato person
Decorate half a baked potato. Use sliced cherry
tomatoes, peas, and low-fat cheese on the potato
to make a funny face.

put kids in charge
Ask your child to name new veggie or fruit creations.
Let them arrange raw veggies or fruits into a fun shape or design.





Prevention: Women are 100% more likely to visit the doctor for annual examinations and preventive services

Health Facts:

Men die at higher rates than women from the top 10 causes of death and are the victims of over 92% of workplace deaths. (BLS)

In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost five years earlier than women. (CDC)

Silent Health Crisis

There is a silent health crisis in America...it's that fact that, on average, American men live sicker and die younger than American women."

Dr. David Gremillion Men's Health Network

Cause & Rate¹ Men Women Heart Disease 228.6 143.0 Cancer 211.6 146.8 24.6 Injuries 51.1 Stroke 39.7 37.8 Suicide 4.9 19.2 **HIV/AIDS** 4.4 1.7



Men as Victims of Homicide

The chance of being a homicide victim places African-American men at unusually high risk.

Chance of being a Homicide Victim*

than men. (CDC 2001)

1 in 30 for black males

1 in 179 for white males

1 in 132 for black females

1 in 495 for white females

*BJS DATA REPORT, 1989

Depression and Suicide¹

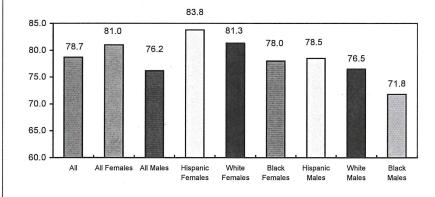
Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.

- ♦ Among 15- to 19-year-olds, boys were 4 x as likely as girls to commit suicide.
- Among 20- to 24-year-olds, males were 6 x as likely to commit suicide as females
- ♦ The suicide rate for persons age 65 and above: men...28.5 - women...3.9.

Who is the Weaker Sex?

- 115 males are conceived for every 100
- The male fetus is at greater risk of miscarriage and stillbirth.
- 25% more newborn males die than
- 3/5 of SIDS victims are boys.
- Men suffer hearing loss at 2x the rate of women.
- Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.
- Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.
- By the age of 100, women outnumber men eight to one. (NYT Magazine 3-16-03)

Life Expectancy At Birth, 2010



To learn more, call:

Men's Health Network P.O. Box 75972 Washington D.C. 20013

202.543.MHN.1 (6461) x 101

info@menshealthnetwork.org www.menshealthnetwork.org

1 Centers for Disease Control and Prevention and the National Center for Health Statistics 2011. Retrieved from http://205.207.175.93/HDI/TableViewer/tableView.aspx?ReportId=166 2 Life Expectancy data is from CDC/NCHS, Health, United States, 2013



THE GRANDPARENT SCAM

WHAT YOU NEED TO KNOW

WHAT IS IT?

The "Grandparent Scam" is a scam that targets the elderly in an attempt to steal large sums of money through a wire transfer.

Financial losses from this scam are usually several thousand dollars per victim.

HOW DOES IT

A grandparent receives a phone call or email from someone who claims to be their grandchild.* The person states that he/she is traveling in a foreign country, has gotten into a bad situation, and needs money wired ASAP.

*Criminal may claim to be a police officer, lawyer, doctor, or other person.

WHAT CAN I DO?

RESIST the pressure to act quickly.

CONTACT your grandchild or another family member to determine whether the call is legitimate.

NEVER wire money based on a request made over the phone or in an email, especially overseas.

IF YOU HAVE BEEN SCAMMED

- Contact your local law enforcement or state consumer protection agency.
- File a complaint with Internet Crime Comp aint Center (IC3): http://www.ic3.gov/defau t.aspx



ADDITIONAL RESOURCES

http://www.fbi.gov/news/stories/2012/april/grandparent_040212

http://www.aarp.org/money/scams-fraud/info-07-2012/scams-target-grandparents.html

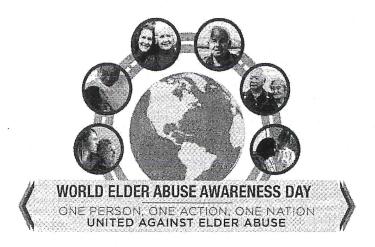
Created by:

The National Center on Elder Abuse www.ncea.aoa.gov



PROTECT YOURSELF FROM SCAMS!

There are many scams out there than can ensnare even savvy consumers. Many are designed specifically to target seniors. Scammers are professional liars and can be very convincing. They may contact you through the mail, email, social media, on-line dating sites, on the phone, or even in public. This guide will help you learn to recognize common warning signs of scams and simple steps that you can take to protect yourself.



IS IT A SCAM?

- Is the sales person using high pressure sales tactics? Scams often say things like, "Act Now!"; "Time is running out!";
 "This is a onetime offer!"
- 2. Are you being asked to pay upfront fees? Lottery and sweepstakes scams often employ this tactic. If you really won something the fees can be taken out of your winnings.
- 3. Are you being told that you won a contest that you didn't enter? Lottery and sweepstakes scams almost always start this way. You can't win a contest that you didn't enter.
- 4. Have you been scammed in the past? Often scam victims have their personal contact information sold to other con artists. You may get unsolicited calls from people promising to get your money back or provide other remedies or offers. These offers' can be scams too. Beware!
- 5. Did you receive unsolicited mail, emails, or phone calls for services that you were not seeking? Research the companies that you want to employ. Many scams begin with someone knocking on your door offering services, or sending out promotional materials. This often happens in the case of home repair scams.
- 6. Are you being contacted by the police over the phone? Verify that they are who they say they are. Some scams begin with a person pretending to be a police officer who tells you that they are concerned that you have been a victim of a crime. They then proceed to solicit your personal information. In truth, the police will contact you in person if they have questions for you or believe that you have been a victim of a crime.

HOW TO PROTECT YOURSELF.

- 1. Sign up for the Do Not Call Registry at https://www.donotcall.gov.
- 2. When no longer needed, shred junk mail, old bills, bank statements and any other documents that have personal identifying information.
- 3. Don't give out personal information over the phone unless you originated the call and you know with whom you are talking. Particularly safeguard your social security number.
- 4. It is ok to be rude. If a sales person calls you or comes to your door who does not seem to be taking no for an answer, it is ok to terminate the conversation. Hang up the phone or close the door. You don't have to let yourself be pressured into anything.
- 5. Never sign something that you don't understand. Have a trusted and unbiased professional assist you when enter contracts or signing legal documents.
- 6. If you hire someone for personal assistance services, in home care services, etc. ensure that they have been properly screened with criminal background checks completed.
- 7. Learn about scams and stay informed
 - Sign up for AARP's Fraud Watch: https://action.aarp.org/site/SPageNavigator/FWN_Registration_Page.html
 - > Check out AARP's interactive national fraud map: http://action.aarp.org/site/PageNavigator/FraudMap.html
 - > Consumer Financial Protection Bureau offers information and tools for older Americans:
 - http://www.consumerfinance.gov/older-americans
 - The Financial Fraud Enforcement Task Force offers resources and reports to help protect yourself against common types of frauds and scams: http://www.stopfraud.gov/protect.html
 - > Stay alert to common frauds and scams by checking consumer protection sites such as www.Fraud.org
 - External Web Site Policy and FBI Common Fraud Schemes: http://www.fbi.gov/scams-safety/fraud/fraud/